



MAY 7th, 2008  
ORGANIC PRODUCE LIST

**STRAWBERRIES.** Enjoy one pound of delicious, sweet organic strawberries. We bet they don't even make it into a recipe, unless the recipe is ...eat raw out of hand.

**VALENCIA ORANGES.** Makes a great combination with shaved fennel.

**FENNEL.** When eaten raw fennel tastes similar to celery that kissed some licorice. Roast the bulb to mellow and deepen to flavor with nutty undertones. Use the sprigs to garnish and add a hint of fennel fun.

**CARROTS.** Shred, juice or eat out of hand. Nature's sweet treat.

**WHITE BUTTON MUSHROOMS.** Slice raw into a salad or sauté into your favorite stir-fry or pasta dish.

**GOLD BEETS WITH TOPS.** It is like getting two vegetables for the price of one. Roast the bulbs for a sweet beet treat and use the tops as you would spinach.

**KALE.** A Green Scene favorite. This superfood will make you great!

Check out new Green Scene website and link to our blog at [www.walkergreenscene.com](http://www.walkergreenscene.com). Share how you are preparing this weeks produce and see what others are doing with theirs. Also, find weekly recipes; produce lists and issues of The Green Scene Gazette.

The Green Scene is now available in Nevis, Park Rapids, Hackensack, Pine River and Bemidji. Contact Theresa or Erin for drop sites and times in these areas.

Best regards,

Erin & Theresa

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